# ALLYLISOPROPYLACETAMIDE-INDUCED PORPYRIA-PROTECTIVE EFFECT OF 3,5-DIMETHYLISOOXAZOLE

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Abstract—Allylisopropylacetamide (AIA) administered to rats, increases the liver δ-aminolevulinic acid (ALA) synthetase activity and porphyrin values elevate plasma triglyceride levels and decreases plasma-free fatty acids. 3,5-Dimethylisooxazole (3,5-DMI) markedly lowers the liver ALA synthetase activity, porphyrin levels and also decreases plasma triglyceride levels in AIA-treated rats. 3,5-DMI exerts its antiporphyric activity probably by increasing the protein catabolism.

SEVERAL alterations in lipid metabolism have been reported in experimentally-induced porphyria. A significant increase of plasma lipid phosphorus and total lipids have been described in allylisopropylacetamide (AIA)-treated rabbits.<sup>1</sup> An elevation of plasma total lipid values have also been shown in rats made porphyric with griseofulvin.<sup>2</sup> In rats injected with AIA liver fatty acid synthesis was increased 2-fold.<sup>3</sup>

Also in human patients affected by acute intermittent porphyria some alterations of lipid metabolism have previously been described, consisting of an increase in plasma  $\beta$ -lipoprotein levels.<sup>4</sup> These findings suggest that the alterations of lipid metabolism may be closely related to the derangement of porphyrin metabolism. If this hypothesis is correct, a drug affecting lipid metabolism could display some antiporphyric activity.

We therefore administered to AIA-treated rats, 3,5-dimethylisooxazole (3,5-DMI), a compound known to decrease the free fatty acids (FFA) release<sup>5</sup> and plasma FFA levels,<sup>6,7</sup> to observe whether antiporphyric activity is associated with the antilipidic effect of 3,5-dimethylisooxazole.

## MATERIALS AND METHODS

Male Wistar rats, weighing 200 g, were starved for 48 hr before injecting the drugs. A group of rats were intraperitoneally injected with AIA (400 mg/kg). AIA was dissolved in a solution of water-polyethylene glycol-ethanol (60:30:10). Animals were injected with the vehicle only.

Another group of rats received intraperitoneally 3,5-dimethylisooxazole (100mg/kg). A third group of rats was injected intraperitoneally with both drugs.

Rats were sacrificed by sectioning the jugular veins.

In the first experiment the animals were killed 4 hr after AIA administration.

In the second experiment the animals were sacrificed 4 and 8 hr after AIA injection; plasma FFA,<sup>8</sup> triglycerides,<sup>9</sup> urea,<sup>10</sup> blood glucose<sup>11</sup> were measured. The liver  $\delta$ -aminolevulinic acid (ALA) synthetase activity was assayed,<sup>12</sup> the liver porphyrins extracted<sup>13</sup> and measured spectrophotofluorimetrically.<sup>14</sup>

Table 1. Effects of AIA, 3,5-dimethylisooxazole and combined treatment on plasma triglyceride and FFA values

Groups	Treatment	No. animals	Triglycerides* (mg/100 ml of plasma)	Free fatty acids (µequiv./100 ml of plasma)
1	Controls	6	48.63 + 2.321	63·19 ± 6·01
2	AIA	6	$64.89 \pm 1.85$	$42.25 \pm 2.47$
3	3,5-Dimethylisooxazole	6	$26.60 \pm 3.96$	$36.43 \pm 2.25$
4	3,5-Dimethylisooxazole† + AIA	6	$34.04 \pm 2.26$	$38.53 \pm 2.28$
	Significance levels	Triglycer	ides	FFA
	1–2	P < 0.0		P < 0.05
	1–3	P < 0.0	Di P	P < 0·01
	1–4	P < 0.0	01 P	• < 0·01
	2–3	P < 0.0	D1 N	√. S.§
	2-4	P < 0.0	01 N	N. S.
	3–4	N. S.	N	N. S.

<sup>\*</sup> Triglyceride and FFA values were measured 4 hr after the AIA administration.

Table 2. Effects of AIA, 3,5-dimethylisooxazole and combined treatment on blood glucose values and plasma urea levels

Groups	Treatment	No. animals	Glucose,* (mg/100 ml of blood)	Urea,* (mg/100 ml of plasma)	
1	Controls	6	39.72 + 0.63	47.50 + 1.20	
2	AIA	6	$51.47 \pm 2.02$	$52.16 \pm 1.61$	
3	3,5-Dimethylisooxazole	6	$34.68 \pm 1.95$	$68.91 \pm 2.41$	
4	3,5-Dimethylisooxazole† +AIA	6	$57.32 \pm 8.86$	$66.58 \pm 2.33$	
	Significance levels	Glucose	Urea		
	1–2	P < 0.01	P < 0.05		
	1–3	P < 0.05	P < 0.01	P < 0.01	
	1–4	N. S.§	P < 0.01		
	2–3	P < 0.01	P < 0.01		
	2–4	N. S.	P < 0.01		
	3–4	P < 0.05	N. S.		

<sup>\*</sup> Glucose and urea values were measured 4 hr after the AIA administration.

<sup>† 3,5-</sup>Dimethylisooxazole was intraperitoneally administered 40 min before the AIA injection.

<sup>‡</sup> Values shown are mean ± S. E. M.

<sup>§</sup> N. S., not significant.

<sup>† 3,5-</sup>Dimethylisooxazole was intraperitoneally administered 40 min before the AIA injection.

 $<sup>\</sup>ddagger$  Values shown are mean  $\pm$  S. E. M.

<sup>§</sup> N. S., not significant.

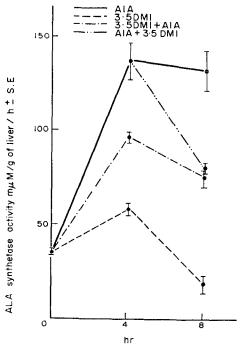


Fig. 1. Liver ALA synthetase activity in rats injected with AIA, 3,5-dimethylisooxazole and both drugs, measured 4 and 8 hr after AIA administration. 3,5-Dimethylisooxazole was administered 40 min before AIA treatment in one group of rats, and 4 hr after AIA injection in another group of animals. The values are the mean of six individual determinations  $\pm$  S. E.

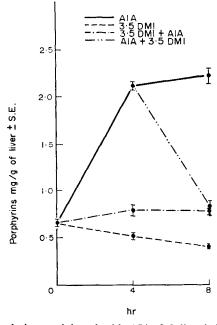


Fig. 2. Liver porphyrin levels in rats injected with AIA, 3,5-dimethylisooxazole and both drugs, measured 4 and 8 hr after AIA administration. 3,5-Dimethylisooxazole was administered 40 min before AIA treatment in one group of animals and in another group of rats it was given 4 hr after AIA injection. The values are the mean of six animals  $\pm$  S. E.

### RESULTS

The results reported in Table 1 show that 3,5-dimethylisooxazole decreased triglyceride and FFA levels in normal and in AIA-injected rats; it was particularly capable of depressing the high triglyceride values induced by AIA administration.

As is shown in Table 2, 3,5-dimethylisooxazole administration does not depress the hyperglycemia observed in AIA-treated rats, while it elevates the plasma urea values in rats even if injected with AIA.

Figure 1 shows a marked elevation of ALA synthetase activity after AIA administration, and a significant lowering of this enzyme in AIA-injected rats whether 3,5-dimethylisooxazole was given before or after AIA administration.

The liver porphyrin values are highly increased in AIA-treated rats and markedly depressed in AIA-injected animals, if treated with 3,5-dimethylisooxazole, whether administered before or after AIA injection, as it is shown in Fig. 2.

#### DISCUSSION

Hypertriglyceridemia induced by AIA administration had been suppressed by treatment with 3,5-dimethylisooxazole, a well-known antilipemic drug.<sup>5-7</sup> 3,5-Dimethylisooxazole reduces triglyceride levels by depressing FFA release from adipose tissue,<sup>2,5,6</sup> but probably also affects liver fatty acid synthesis, which is increased inAIA-treated rats.<sup>3</sup>

However, it is important to observe that 3,5-dimethylisooxazole exerts not only an antilipemic, but also an antiporphyric activity in the AIA-treated rats.

The diminished ALA synthetase activity and porphyrin amount, in animals receiving 3,5-dimethylisooxazole and AIA is not due to better glucose utilization, which is known to exhibit antiporphyric activity,<sup>15</sup> because glycemia is increased in animals receiving the combined treatment.

The antiporphyric activity of 3,5-dimethylisooxazole could be due to an action on protein breakdown.

Our results show that 3,5-dimethylisooxazole increases plasma ureogenesis in AIA-treated rats. It is known that ureogenesis is linked to increased protein breakdown and amino acid oxidation.<sup>16</sup> Therefore, 3,5-dimethylisooxazole may also stimulate in AIA-injected rats, the oxidation of glycine and  $\delta$ -aminolevulinic acid and consequently may decrease their incorporation into porphyrins.

By activating protein catabolism, 3,5-dimethylisooxazole may repress the increased RNA and protein synthesis observed in AIA-treated animals;<sup>17</sup> particularly it may lower the messenger RNA synthesis for ALA synthetase<sup>18</sup> and thus decrease ALA synthetase activity and porphyrin levels in animals, even if treated with a porphyrogenic drug.

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